



## TJ's 'ONE PLATES'



~ TJ's FISH of the DAY, Filleted and served as YOUR CHOICE of.....

1 Panfried Buerre Noisette with New Potatoes, Peas and TJ's Tartare Sauce £15.75 GF!

OR

2 Deepfried in 'Bay's Beer Batter with Chips, Peas and TJ's Tartare Sauce £15.75

OR

3 Panfried With a Moroccan Spiced Crust, Aubergine Puree, Mediterranean Salad with Griddled Vegetables, Moroccan Spiced Sauce, Chervil Oil and Fruity Chutney £17.45 GF! (Please ask)



~ Pork Cordon Bleu

Panfried Breaded Pork Tenderloin filled with Ham and Cheese served with a Slightly Spicy Tomato Ketchup, New Potatoes, Garlic Mayo, Sautéed Vegetables and Salad Garnish with Orange Segments, Beetroot and Sundried Tomatoes £15.95



~ TJ's Panroasted Duck Breast GF!

Served on Dauphinoise Potatoes Layered with Confit Duck Leg, Celeriac Puree, Stirfry Vegetables and Five Spice Port Jus £20.95



~ TJ's Vegetarian Haggis Stack V GF!

With Borlotti Beans, Mushrooms, Carrots, Lentils and Oats, seasoned with Allspice, Nutmeg, Cinnamon and Herbs, served with Turnip Puree, Potato Cake, Port Jus and Ribbons of Sautéed Leeks, Carrots and Savoy Cabbage £15.75



~ Succulent Steak GF! (Please ask)

A 10oz Prime 'Red Tractor' Rump Steak served Sliced on  
a Medley of Mushrooms, Onions & Cherry Tomatoes in a Balsamic Reduction  
with Chips, Peas & Onion Rings £18.95



ENJOY!